

Education

- **2025- Now: Postdoc in Vienna Institute of Demography, Austrian Academy of Sciences**
During my postdoc project I will be a part of the team to research the health status of women with disabled child.
- **2017- 2022: Ph.D. of Social Science in Sociology Department, Shahid Beheshti University**
During my Ph.D. in the subfield of “sociology of social issues,” I learned to use sociological methods and theories to analyze the healthcare system and physician-patient relationship. Although I know both qualitative and quantitative methodologies, I preferred to use the qualitative methodology, the “multi-grounded method,” to gain an in-depth knowledge of the problematic physician-patient relationship.
Title of my thesis: Doctor-Patient Relationship and the Cultural and Organizational Factors Affecting it.
- **2013- 2015: Master of Social Science in Sociology Department of Shahid Beheshti University**
During my master's, I conducted content analyses of selected Iranian post-revolutionary newspapers and in-depth interviews with journalists to examine the changes in women's status in newspapers over time.
Title of my dissertation: The Effects of Official and Unofficial Laws of the Press on the Presence of Women in Iranian Newspapers after the Revolution.
- **2009 - 2013: Bachelor of Social Communications, Faculty of Social Science, University of Tehran**
During my bachelor's, I studied social communications theories and methodologies such as Media Studies, Content Analysis of Media, Media Strategies, and Media Literacy.

Publications

Articles:

- [Gynecological Violence and its Resonance in Female Gynecologist-Client Interactions](#) (2024), Discover Public Health
- [The contexts of the formation of medical habitus in Iran](#) (2024), Quarterly Journal of Research and Planning in Higher Education
- [Studying Physician-Patient Interactions in Iran: Developing a Multi-Grounded Theory Model](#) (2023), Quarterly of Social Studies and Research in Iran
- [Dehumanization in physician-patient relationships: An empirical study and theoretical grounding](#), (2022), Iranian Journal of Sociology. Volume 22, Issue 4.
- [A study on the experience of men and women with cancer in Tehran](#) (2020) Journal of Socio-Cultural Changers, Volume 17, Issue 1.
- [The Experience of Social Stigma and the Spoiled Identity of Mothers with Autistic Children](#) (2017), Iranian Journal of Social Problems, Volume 8, Issue 1.

- [Identity Acquisition of New Generation of Iranian Girls Emphasizing on Higher Education](#) (2017), Strategic Studies on Youth and Sports, Volume 16, Issue 36.
- [The Impact of the States and Official Journalistic Norms on Women's Presence in Newspapers](#) (2017), Global Media Journal. Volume 12, Issue 1.
- [Preprint] [Invasive Medicine: The Physician-Patient Relationship Model in Iran](#) (2024), Heliyon
- [Under Review] De-professionalization in the Shifting Landscape of Medical Education in Iran, Journal of Interprofessional Education & Practice

Translated Books:

- The Reason I Jump: The Inner Voice of a Thirteen-Year-Old: Translator (2019), Fararavan Publications.
- Fall down seven times get up Eight: A young man's voice from the silence of autism: Translator (2019), Fararavan Publications.
- [Chapter in the book] Gender Nexus and Other Domination Systems. Collected papers. (2018), Shirazeh Publications.

Monographs:

- Medical Sociology: Physician-Patient Relationship in Iran (2024), Andishe Ehsan.
- To not See: A phenomenological description of the doctor-patient relationship, in *Khodsar Neveshtan: The Phenomenology of Everyday Life in Iran*. Collected papers (2023), Andishe Ehsan.

Conferences and Speeches

- [De-professionalization in the Shifting Landscape of Medical Education in Iran](#) (2025), Lecture at the "World Congress on **Advances in Preventative Medicine and Public Health**" held on **July 07-08, 2025** at **Prague, Czech Republic**
- [How Gynecological Violence Affects Women's Lives in Iran](#). The Gender and Sexualities section of Anthropology Society of Iran. 2025. Tehran. Iran.
- Fading Dreams, Dimming Future: The Plight of Iranian Immigrant Physicians in an Exclusive Market (2024), Lecture at International Union of Anthropological and Ethnological Sciences (IUAES), Istanbul 14-16 September.
- Medical Sociology: Physician-Patient Relationship in Iran (2024), Book Review in Anthropology Society of Iran.
- What Patients Say, What Doctors Hear (2024), Reviewer at Iranian Sociological Association.
- [Virus Mania: How the Medical Industry Continually Invents Epidemics, Making Billion-Dollar Profits at Our Expense](#) (2023), Reviewer at Iranian Sociological Association.
- Gynecological Violence: An Ethnographic Research in Iran, (2023), Lecture at International Union of Anthropological and Ethnological Sciences (IUAES), Istanbul 27-29 September.
- Physician-patient relationship and the Cultural and Organizational Factors Affecting it, 2023, Lecture at the Department of Community of Oral Health, Journal Club 2023.

Teaching Experience

- **Friend of Autism Charity, Social Worker (2017-2025)**

At Friend of Autism charity, I not only write and translate texts in the sociology of health with a focus on autism but also organize various workshops in the field of informing therapists and empowering parents, health literacy, and health advocates.

- **Anthropology Society in Iran, Workshop Instructor (2024)**

At the “Medical Sociology” workshops, I reviewed the theories and practices of sociology in Medicine for medical students.

- **School of Public Health, Tehran University of Medical Sciences, Department of Health Promotion and Education, Guest lecturer (2023)**

During my classes at the School of Public Health, Tehran University of Medical Sciences, we worked on search projects: “The social stigma of coronavirus” and “The role of trust in the health care system in injecting the coronavirus vaccine.”

- **Farhad Charity, Researcher and Workshop Instructor for women suffering from cancer (2018)**

During my experience with Farhad charity, I first conducted a needs assessment of women with cancer and then designed a strategy to improve their status and well-being. For that, we held empowerment classes, both social and economic.

- **Iran Autism Association, Workshop Instructor and Translator in Autistic children's classes (2016-2017)**

During my experience with autistic children, to improve autistic children and their family's lives, I did a needs assessment, translated and studied best practices of workshops for autistic children and their parents, health advocacy for the families, and designed strategies to put them in practice.

- **Bidarzani, Instructor of the workshop of Afghan women and children in Tehran (2018)**

In these workshops, with the participation of women themselves, I helped to empower and educate women about health literacy and citizen rights.

- **Farzanegan High School Sociology, Teacher (2016)**

During my teaching classes in Farzanegan, I taught Media Literacy and Sociology. In our class activity, which won second place in the regional competition, we did the content analysis and fieldwork defending animal rights. We also analyzed sociological movies using media studies.

- **Tehran municipal Researcher and Workshop Instructor in women's empowerment workshops, (2014-2016)**

While working with women at Tehran Municipal, I held workshops and classes, educated women with their help, and designed programs to improve their lives and environment. Some plans were as follows: Holding exhibitions for the sale of handmade works and demanding to secure the neighborhood.

Professional Experience

- **Violence Against Women Journal, Reviewer (2025)**
I am honored to blind-review articles in women's health.
- **GYNVEPI - Toward an epidemiology of gynecological violence: Project funded by the European Research Council (ERC) workshop, Participant (2025)**
I participated in this workshop as a key informant who has worked on the gynecological violence.
- **Academia Mental Health and Well-Being Journal, Reviewer (2024)**
I am honored to blind-review articles in the field of mental health and well-being.
- **Masih Daneshvari Hospital, "Examining the Doctor-Patient Relationship", Researcher, In Progress (2024)**
In our action-research project with the Iranian Sociological Association, we are researching the doctor-patient interactions in Masih Daneshvari Hospital to design strategies to improve this relationship.
- **Secretary of Health and Medical Sociology Department, Iranian Sociological Association (2024- 2025)**
My tasks include planning, coordinating, and managing the department's workshops, meetings, and conferences.
- **University of Kansas specialized course: Health System Accountability, Researcher (2023)**
In this course, I studied health advocacy in communities. I applied what I learned by designing a questionnaire and workshop to improve mothers' health literacy with autistic children.
- **Alpha Company, Content Manager and Strategist (2019-2023)**
I was a content manager and strategist at Alpha Company related to cloud computing.
- **Persol Holding, Public Relations Specialist. 2017-2019**
I handled the social media of the holding and coordinated conferences for the CEO.
- **Rahbar Bazaar Company, Qualitative Researcher. 2015-2016**
I used my knowledge of qualitative studies to work as a qualitative researcher for Rahbar Bazaar Market Research Company.

Journalism:

Freelance Journalist 2013-2019: Related articles:

- Mothers of Autistic Children; Isolated Mothers: Zanan Emrooz (women of today) Magazine: 2017
 - Chehelcheragh Magazine, Writer, 2016
 - Metro Shahrvand Magazine, Social Scientist and Writer, 2015, 2016
 - Zanan Emrooz Magazine, Translator and Writer 2015, 2016
 - Donyaye Ghalam Magazine, Translator and Writer 2014, 2015
 - Ghanoon Newspaper, Art and Culture Advisor, 2013
- Through my experience with many journals, I have gained a critical point of view and put my media literacy knowledge into practice.

Key Professional Competencies

- Content analysis, critical ethnography, intersectionality, media analysis, strategy making, media literacy, needs assessment
- Attained adeptness in fieldwork, interviewing, data surfing, and collecting
- Demonstrated management and communication skills through working with different groups
- Healthcare content management, strategist and production (websites and social media)
- Production of audiobooks for people with visual disabilities

Language Skills

- Persian: Native
- English: Fluent (IELTS 7)
- German: B1

Microsoft Office	MAXQDA	SPSS	Adobe Audition
Adobe Photoshop	Adobe Illustrator	Camtasia (Movie Maker)	RStudio