WIC Online Colloquium

Gendered Experiences of Widowhood and Depression Across Europe: The Role of Loneliness and Financial Resources from a Longitudinal Perspective

Tuesday, November 23rd, 2021 11:00-12:00 (CET)



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Numerous studies document the detrimental consequences of widowhood on mental health. Yet widowhood is - especially for women - a central experience of ageing so that it has been questioned whether women adapt to widowhood more easily. Previous research has provided mixed answers, reflecting both methodological and substantive issues, such as differences in statistical modeling and study samples. Furthermore, prior research largely ignores the societal context, although the social consequences of widowhood may vary according to macrosocial conditions. Thus, the mental health consequences of widowhood may both be gendered and contextspecific. Based on longitudinal data from the Survey of Health, Ageing and Retirement in Europe (SHARE), this study analyses the gendered experiences of widowhood and depressive symptoms in four European regions. A special focus lies on the contribution of loneliness and reduced financial resources to the detrimental effect of widowhood on mental health.

About the presenter

Alina Schmitz is a post doctoral researcher working at Technische Universität Dortmund, Chair for Social Structure and Sociology of Ageing Societies. Her research focuses on social inequalities in (mental) health and wellbeing within a crosscountry comparative perspective. She is interested in the mechanisms through which gender and socioeconomic status affect health and wellbeing across the life course, as well as in the role of contextual factors for healthy ageing. The presented work is part of her dissertation on gender inequalities in old age depression.

The Wittgenstein Centre is a collaboration among the Austrian Academy of Sciences (OeAW), the International Institute for Applied Systems Analysis (IIASA) and the University of Vienna.